

2017–2020 REGIONAL EXECUTIVE COUNCIL

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SECULAR FRANCISCAN ORDER

July 21, 2019

Dear Brothers and Sisters,

Peace be with you and your fraternity!

Formation is a the top priority of the Region and the entire Secular Franciscan Order (OFS). As part of our outreach to the local fraternities, the regional formation team will be hosting a formation workshop entitled, **Theological Reflection: Connecting Faith and Life on September 21, 2019.**

Theological Reflection is an essential part of formation, both initial and ongoing. It is a way of connecting faith and life, and is a component of spiritual discernment. The workshop is intended for all local Formation Directors, Spiritual Assistants, Formation Team members or those interested in serving on formation teams. The purpose of the workshop is to learn the basics of theological reflection so that you can incorporate it into your fraternity's formation program.

The workshop presenter will be Br. Kip Ledger, OFM Cap. He is a Spiritual Assistant in the St. Katherine Drexel Region and Postulant Director of the Capuchin Province of St. Augustine in Philadelphia. We are grateful that Br. Kip will be leading the workshop.

The workshop will be held **Saturday, September 21, 2019** at **St. Francis of Assisi Church Hall, 50 Lodi St., Hackensack, NJ.** We will begin with **coffee and registration at 9:00 a.m.** As always, we ask that you bring a **"brown bag" lunch.**

We thank St. Francis Fraternity for hosting the day. Please see the attached flyer for more information about the workshop including the day's schedule. Out of **courtesy to our host fraternity**, please let me know how many will be attending from your fraternity **by September 14th.** You may e-mail or call me at: edwojo@yahoo.com or 201-895-0942.

Thank you for your service to the order. I look forward to seeing you Sept. 21st.

Peace and All Good,

Ed Wojciechowski, OFS
Regional Formation Director,
Our Lady of the Angels Region

OLTAR Formation Workshop

THEOLOGICAL REFLECTION: CONNECTING FAITH AND LIFE

Workshop Info

September 21, 2019
9 a.m. - 2:45 p.m.

St. Francis of Assisi
Church Hall
50 Lodi Street
Hackensack, NJ

RSVP by Sept. 14

Ed Wojciechowski, OFS
edwojo@yahoo.com
201-895-0942

What is Theological Reflection?

Theological Reflection is an essential part of formation, both initial and ongoing. It is a way of connecting faith and life, and is a component of spiritual discernment. In this workshop, you will learn the basics of theological reflection and will apply what you've learned in an individual journaling exercise.

Who should attend?

This workshop is intended for all local Formation Directors, Spiritual Assistants, Formation Team members or those interested in serving on formation teams. The purpose of the workshop is to learn the basics of theological reflection so that you can incorporate it into your fraternity's formation program. The workshop is not intended for those in Initial Formation.

What should you bring to the workshop?

- A Bible
- A copy of the Essential Documents of the Secular Franciscan Order
- Paper, Pen or Pencil for the journaling exercise
- A brown bag lunch

Workshop Presenter - Br. Kip Ledger, O.F.M., Cap.

Brother Kip Ledger is originally from North Brookfield, MA., and has been a Capuchin Franciscan Friar for 20 years. He has studied at Trinity University, Washington Theological Union, and has a certificate of Professional Youth Ministry from the Archdiocese of Baltimore.

Bro. Ledger has done Parish Ministry, was on the Adjunct Staff for the St. Mary's Spiritual Center (Baltimore), was the Director for Cap Corps Volunteer Program, worked at St. John's Homeless Center in Philadelphia, and at the Ministry of Caring in Wilmington, DE.

At present, he participates in a training program for Spiritual Assistants in Margaret of Cortona Region - OFS, is a Spiritual Assistant in Katherine Drexel Region - OFS, and is Postulant Director of the Capuchin Province of St. Augustine in Philadelphia. He has also composed music and has recorded several CD's.



OLTAR Formation Workshop AGENDA

REGISTRATION - (9:00 - 9:30 a.m.)

OPENING PRAYER (Divine Office) and **INTRODUCTIONS** - (9:30 - 10:00 a.m.)

FIRST SEGMENT – PURGATIVE (10:00 - 11:15 a.m.)

Input - Introduction to Theological Reflection

Franciscan Lectio

How it differs from traditional Lectio Divina

Bringing everything back to scripture

Franciscan Moral Reflection

How am I being called as a follower of Christ to bring forth

the Beauty - Goodness - Harmony - Justice in this situation?

BREAK - (11:15 - 11:30 a.m.)

SECOND SEGMENT – ILLUMINATIVE (11:30 a.m. - 12:30 p.m.)

Reflective - Going from Life to Gospel

Individual reflection exercise Write in Journal-reflect

What Bible story/which section of the Rule does this situation bring to mind?

What is God asking you to do or not to do?

BROWN BAG LUNCH - (12:30 - 1:15 p.m.)

THIRD SEGMENT – UNITIVE (1:30 - 2:30 p.m.)

Praxis – Going from Gospel to life

Large Group Sharing

Each person shares his or her thoughts and reflections from the second segment and what is going to be their next step/action

Bringing Theological Reflection into Initial and Ongoing Formation in your fraternity

CLOSING PRAYER - (2:30 - 2:45 p.m.)

ADDITIONAL FORMATION MATERIALS

A limited number of the book,

“THEOLOGICAL REFLECTION - CONNECTING FAITH AND LIFE” by Joye Gros, O.P.

will be available for purchase at the workshop.