**Secular Franciscan Order**
**Our Lady of the Angels Regional Fraternity**

**INITIAL FORMATION CANDIDATES**
**Retreat**
AUGUST 27 – 29, 2010
Mt. Alvernia Retreat House
Wappingers Falls, NY
Retreat Coordinator Fr. Richard Trezza, OFM

Arrival: Friday between 5 and 7 PM (refreshments, but no supper). Departure: after lunch, Sunday.
Cost $160.00 payable with registration. Includes presentations, double room, private bath and five full meals.
Please note there are a limited number of individual rooms.

Directions:

From Westchester:

Take either the Taconic Parkway or Route 684 to Route 84 West. Take 84 West to Exit 13 (Route 9 North/Poughkeepsie) Take route 9 North for about 8 miles, you will Home Depot on right, continue a few traffic lights, pass route 9 Mall (Kohl's department Store & Borders Book Shop), now move into LEFT lane at next traffic light turn left onto Route 9D (also called West Main St.) follow 9D passing the first light (South Hills Mall) at next light make right turn onto Delavergne Ave. go up hill Mt Alvernia is on your left.

From New Jersey:

Take either Route 17; Garden State Parkway or Palisades Parkway North to I 87 New York State Thruway. Follow I 87 North to I 84 East (Exit 17) follow I 84 to exit 13 Route. Take route 9 North for about 8 miles, you will Home Depot on right, continue a few traffic lights, pass route 9 Mall (Kohl's department Store & Borders Book Shop), now move into LEFT lane at next traffic light turn left onto Route 9D (also called West Main St.) follow 9D passing the first light (South Hills Mall) at next light make right turn onto Delavergne Ave. go up hill Mt Alvernia is on your left.

From New York City:

Go over George Washington Bridge and follow directions above from New Jersey.

Just a reminder, retreatants may arrive after 4PM, however, there is no meal Friday night. Route 9 has many restaurants for those who wish to stop.

There are a limited number of partial scholarships available. For additional information contact: Richard Spana, SFO
(914) 478-2010
rickspanasfo@aol.com

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**Registration Form** **Initial formation retreat** **SFO Retreat August 27 – 29, 2010**

Name:_____

Address:_____

City:_____State:_____Zip_____

Phone:_____ E mail_____

Fraternity:_____Single room:_____ Double room_____

Special Needs:_____ Room with:_____

**Send completed registration with $160.00 check, payable to "Our Lady of the Angels Regional Fraternity " to: Richard Spana, sfo 332 Warburton Avenue, Hastings on Hudson, NY 10706**