St. Lawrence Retreat Center Directions

180 Sargent Avenue, Beacon, NY 12508 Phone: 1-845-831-0394

Mass Transit

Grand Central Station (42nd Street, Manhattan) Metro North train to Beacon, New York Station. The normal train ride is about 80 minutes. The fare is about \$45 round trip. Senior rate is available for about \$20 round trip. The cost will vary depending on the time, double check with Metro North.

Web ticket is also available for a discounted price for those who have Internet. Purchase the tickets at Grand Central station before you get on the train. The highest priced ticket is when you purchase it on the train.

Taxis are available to take you to the center (about one mile).

Driving Direction Samples:

1) From Hackensack, NJ			
Total Time: 1 hour 11 minutes Total Distance: 56.99 miles			
START 1:	Start out going SOUTH on OVERLOOK AVE toward BEECH ST.	0.1 mi	
2:	Turn RIGHT onto BEECH ST.	0.2 mi	
3:	Turn LEFT onto SUMMIT AVE/CR-57.	0.6 mi	
17 4:	Merge onto NJ-17 N.	17.5 mi	
5:	NJ-17 N becomes I-287 N/NJ-17 N (Crossing into NEW YORK).	0.5 mi	
6 :	Merge onto I-87 N/NEW YORK STATE THRUWAY N via the exit on the LEFT toward RT-17 N/ALBANY (Portions toll).	30.0 mi	
17 EXIT 7:	Take the RT-300 N exit, EXIT 17, toward I-84.	0.8 mi	
8:	Merge onto NY-300.	0.3 mi	
9:	Merge onto I-84 E toward BEACON (Portions toll).	4.8 mi	
11 EXIT 10:	Take the RT-9D exit, EXIT 11, toward BEACON/WAPPINGER FALLS.	0.2 mi	
11:	Turn RIGHT onto NY-9D/NY-52 BR. Continue to follow NY-9D.	1.4 mi	
12:	Turn RIGHT onto SOUTH AVE.	0.6 mi	
13:	Turn LEFT onto SARGENT AVE.	0.1 mi	
END 14:	End at 180 Sargent Ave., Beacon, NY 12508-3923		

2) From New York City: Total Time: 1 hour 24 mins. Total Distance: 66.92 miles West 96th St & Amsterdam Ave, New York, NY 10025

START 1:	Start out going NORTHWEST on W 96TH ST toward BROADWAY.	0.3 mi
RAMP 2:	Take the H HUDSON PKWY/RT-9A ramp.	0.1 mi
9A 3:	Merge onto NY-9A N/HENRY HUDSON PKWY.	3.5 mi
14 EXIT 4:	Take the I-95/CROSS BRONX EXPWY exit, EXIT 14, toward GEO WASHINGTON BR/W 178 ST.	0.4 mi
5:	Merge onto I-95 S via the exit on the LEFT toward G W BRIDGE/NEW JERSEY/UPPER LEVEL (Crossing into NEW JERSEY).	2.2 mi
6:	Keep RIGHT to take I-95 S/NEW JERSEY TURNPIKE S toward I-80/GARDEN STATE PARKWAY SOUTH/RT-4/HACKENSACK.	0.2 mi
4 7:	Merge onto NJ-4 W via EXIT 72A toward PARAMUS.	6.9 mi
4 8:	Keep RIGHT at the fork to continue on NJ-4 W.	0.1 mi
NORTH 9:	Merge onto NJ-17 N toward GARDEN STATE PKY N/MAHWAH.	14.6 mi
10:	NJ-17 N becomes I-287 N/NJ-17 N (Crossing into NEW YORK).	0.5 mi
11:	Merge onto I-87 N/NEW YORK STATE THRUWAY N via the exit on the LEFT toward RT-17 N/ALBANY (Portions toll).	30.0 mi
17 EXIT 12:	Take the RT-300 N exit, EXIT 17, toward I-84.	0.8 mi
13:	Merge onto NY-300.	0.3 mi
53 14:	Merge onto I-84 E toward BEACON (Portions toll).	4.8 mi
EXIT 15:	Take the RT-9D exit, EXIT 11, toward BEACON/WAPPINGER FALLS.	0.2 mi
16:	Turn RIGHT onto NY-9D/NY-52 BR. Continue to follow NY-9D.	1.4 mi
17:	Turn RIGHT onto SOUTH AVE.	0.6 mi
18:	Turn LEFT onto SARGENT AVE.	0.1 mi
END 19:	End at 180 Sargent Ave Beacon, NY 12508-3923	