



Secular Franciscan Order



OUR LADY OF THE ANGELS FRATERNITY 2011-2013 REGIONAL FRATERNITY EXECUTIVE COUNCIL:

MINISTER: Ronald L. Pihokker, SFO

VICE-MINISTER: Diane F. Menditto, SFO

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COUNCILOR: —Westchester Sheila Tuohy, SFO

JPIC CHAIR: Jean Haddad, SFO

SPIRITUAL ASSISTANTS: Fr. Richard Trezza, OFM East Rutherford, NJ

Fr. Robert Williams, OFM CAP Bronx, NY

# e-Troubadour News

January 2012

Deadline — February 2012 e-TROUBADOUR News submissions must be received by January 30.

Dear brothers and sisters in St. Francis,

In union with the OLTAR Executive Council, we wish you a very joyful and grace filled New Year. Every grace and blessing upon you and your families.

e-Troubadour News includes timely information on a monthly basis from our Regional Fraternity and events taking place in our local fraternities.

Every fraternity is strongly encouraged to send upcoming event information for e-publication. Events can include special days of recollection, missions, notice of upcoming professions, fraternity fundraising events, open houses, etc. Let's work together to improve our fraternal communications with one another.

Share the news of this publication with your fraternity members. Anyone wishing to be added to the e-mailing list, kindly send a request with your email address and fraternity name to me at: [acpg@aol.com](mailto:acpg@aol.com) Please notify me of any e-mail address changes.

When submitting event information, please remember information should include details that answer the who, what, when, where, why—and sometimes how of the specific event. Also include your name and phone number in case of questions.

## Now, Let Us Begin ...

### SISTER DEATH

It is with sadness that we inform you of the death of Katherine Tuttle, the mother of our beloved Kate Asselin, SFO, our Regional Treasurer. Katherine died on Wednesday, November 2nd in Maine after a short illness. She was 95 years old. Please pray for the repose of her soul and for Kate and her family as they mourn her passing. May Katherine's soul rest in peace.

TTT

Sadly, we inform you of the death of our former SFO CIOFS General Minister, Emanuela de Nunzio who quietly passed away on November 10, 2011. May Emanuela's soul rest in peace. More information will follow in the TAU-USA.



OUR LADY OF THE  
ANGELS REGIONAL  
FRATERNITY  
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THE TROUBADOUR  
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*and*

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**ADMINISTRATOR**

Diane F. Menditto, SFO

**YAHOO GROUP**

[http://groups.yahoo.com/  
group/OLTARegion](http://groups.yahoo.com/group/OLTARegion)

**YAHOO LIST**

**ADMINISTRATOR**

Peggy Ledger, SFO

**DATABASE**

**ADMINISTRATOR**

Anna Geraci, SFO

## JANUARY 2012 ACTIVITIES / EVENTS

### TTT OUR LADY OF THE ANGELS REGION

On **January 20 –22, 2012**, the Our Lady of the Angels Regional Fraternity will sponsor a workshop for all fraternity formation directors, formation teams, and fraternity ministers and council members to introduce the new, “**For Up to Now**” **Initial Formation Manual** of the Secular Franciscan Order. For the first time and in direct response to the International Fraternity’s lead, the National Fraternity in the United States has published a formation manual for initial formation which contains the basic curriculum for initial formation which is to be implemented in initial formation programs throughout the United States. Because of the importance of the information which will be shared at this workshop, **the Regional Executive Council is requiring that every local fraternity in our Regional Fraternity must be represented by at least one person. Ordinarily, this should be the fraternity formation director.** However, you may send as many people as you wish from your fraternity formation teams and leadership up to the capacity of the Retreat Center.

The workshop will be held at the beautiful Mt. Alvernia Retreat Center in Wappingers Falls, NY, the site of our previous Regional Retreats. If you have attended our retreats, you know the wonderful accommodations and meals provided by the center.

The program will begin on Friday evening, January 20<sup>th</sup> at 7:00 pm and will conclude on Sunday afternoon at 3:00 pm. Dinner will not be provided on Friday evening, so please have dinner before you arrive at the retreat center.

The cost of attendance at this workshop should be covered by the fraternity. The cost of \$ 165.00 per person includes room and board and a copy of the FUN manual as well as the accompanying CD-Rom for each participant.

The program will be led by Bob Fitzsimmons, SFO, the Chair of the National Formation Commission, and will include Father Richard Trezza, OFM, Regional Spiritual Assistant and member of the National Formation Commission as well as a contributing author to the manual, and Ron Pihokker, SFO, Regional Minister and contributing author to the FUN Manual as well as other members of our Regional leadership team.

Please complete a copy of the following registration form (for each person who wishes to attend) and mail with your registration fee of \$165.00 (made payable to Our Lady of the Angels Region-SFO) by no later than January 6 to Richard Spana, SFO, Regional Treasurer.

All Ministers and Formation Directors received a hard copy of this letter and registration form in the mail earlier in December. A copy of the directions to the retreat center was also included in the mailing. Additionally, it is available on our website for your convenience at:

<http://www.ourladyoftheangelsregion.org/formation.html>

I look forward to seeing you.

Fraternally,  
Ronald L. Pihokker, SFO, OLTAR Regional Minister

**FORMATION WORKSHOP  
—REGISTRATION FORM—**

Name: \_\_\_\_\_

Fraternity: \_\_\_\_\_ City: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email \_\_\_\_\_

Fraternity: \_\_\_\_\_

I would like to share a room with:  
\_\_\_\_\_

Please enclose a check (*made payable to: Our Lady of the Angels Region-SFO*) for \$165.00 by no later than January 6<sup>th</sup> and mail to:

Richard Spana, SFO, Regional Treasurer  
332 Warburton Ave.  
Hastings-on-Hudson, NY 10706-2809

**TTT**

**2012 Regional Calendar**

**For Up to Now” Formation Workshop**

**Friday-Sunday, January 20-21-22**

**Mount Alvernia Retreat Ctr.  
Wappingers Falls, NY**

**OLTAR Region Retreat**

**Friday, Apr 20-22**

**Mount Alvernia Retreat Ctr.  
Wappingers Falls, NY**

**Convivenza**

**Saturday, June 16**

**Chapter of Ministers**

**Saturday, November 17**

**Franciscan  
Calendar**

To Come

TTT

**CANTICLE CAMPUS CLASS OFFERINGS**

Chris Hickman, SFO and Francesca Wigle, TSSF are pleased to announce that Canticle Campus will be offering two classes beginning January 15, 2012.

The 10-week classes will be based on two books by Sr. Iliia Delio, OSF:

**Clare of Assisi, A Heart Full of Love**

"Although this is a small book on the spirituality of a medieval woman from a glorious past, it is also a book about Christian life today. Clare's decisive emphasis on the person of Jesus Christ is an emphasis on the human person as well, what we are and what we are called to be." - From the Introduction.

**Franciscan Prayer**

"By examining Saint Francis' doctrine of prayer through the twin lens of Saints Clare and Bonaventure, this book provides us with a long overdue spiritual and theological synthesis which will be treasured by all who love the Franciscan tradition. A significant contribution, beautifully presented." - Lawrence S. Cunningham. (Published by St. Anthony Messenger Press)

To learn more about Canticle Campus, go to <http://www.canticlecampus.org/>.

For information or to register, e-mail [hickmcm@hotmail.com](mailto:hickmcm@hotmail.com) or [fwigle@gmail.com](mailto:fwigle@gmail.com).

All are invited and there is no cost to take the class.

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**ON-GOING FORMATION**

The December on-going formation material from CIOFS is now available.

These on-going formation materials are available in

English, Spanish, French and Italian and may be viewed on our web site at:

<http://www.ourladyoftheangelsregion.org/formation.html>

And they can also be accessed on CIOF's website at:

<http://www.ciofs.org/ratio/2010/EN201110.htm>

TTT

**XVIII QUINQUENNIAL—JULY 3-8, 2012**

We are sure you will be inspired and enlivened, and will enjoy the fellowship of hundreds of brothers and sisters. This is a "working" meeting, a Chapter of Mats for the SFO in the United States. Theme is exploring and reflecting upon the wisdom and gifts in our Franciscan heritage. For more details, go to: <http://www.nafra-sfo.org/q2012.html>

[Registration Form follows on next page](#)



## **XVIII QUINQUENNIAL—REGISTRATION FORM**

- Important Instructions:**
1. Please TYPE or PRINT all information clearly.
  2. Only one participant or married couple per registration form.
  3. Payment must accompany this form and is **NON-REFUNDABLE**.
  4. Make your check for registration and meals payable to **NAFRA**.
  5. Mail this form with payment to: **Cecilia Maljan, SFO** [cylmaljan@earthlink.net](mailto:cylmaljan@earthlink.net)  
**1111 Freyburg Street, Pittsburgh, PA 15203-1211**
  6. Hotel reservations must be made separately by each person

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<b>Title</b>	<b>First Name(s)</b>	<b>Last Name</b>
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<b>Address</b>	<b>City</b>	<b>State</b>	<b>Zip</b>	<b>Country</b>
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**Region**

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<b>Home Phone</b>	<b>Cell Phone</b>	<b>E-Mail Address</b>
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**Early Registration: # of people \_\_\_\_\_ x \$ 275. = \$ \_\_\_\_\_**  
**(After June 1, 2012 the fee is \$325. pp)**

**Special Dietary Needs:**

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**Need for handicapped facilities**

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**Language preferred for small group Sessions**

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**I need a roommate – please try to match me with someone \_\_\_\_\_**

**Housing and the Congress are at Holiday Inn Chicago North Shore Skokie Hotel  
5300 West Touhy Avenue • Skokie, Illinois 60077**

**Toll free number: 866-750-3369 • Hotel Direct: 847-679-8900**

**• [http://www.hiskokie.com/begin\\_of\\_the\\_skype\\_highlighting](http://www.hiskokie.com/begin_of_the_skype_highlighting)**

**• Group Code for Skokie is: FRO • The Group Name is: Quinquennial Congress 2012**

**NAFRA has arranged for discounted room rate of \$ 87 (plus Illinois hotel tax) per night. Each room has twin double beds with 1 to 4 occupants possible. You should make your own room arrangements directly with the hotel prior to June 9 in order to get this reduced rate.**

***In the event that the Holiday Inn North Shore, the location for all conferences and activities, has been filled, additional rooms will be made available at the nearby Holiday Inn, O'Hare. The hotel will provide shuttle service between the two hotels.***

**The Hotel will provide free shuttles to and from O'Hare Airport based upon scheduled runs. You MUST tell them that you are attending the Quinquennial to receive this free service which is not normally provided to hotel guests.**

**TTT**  
**MEDITATION for the Month**

**New Year's Blessing of the Home**  
**(done traditionally on the Feast of the Epiphany)**

The household gathers at the manger scene in the home.

All make the Sign of the Cross while the leader begins:

"Peace be with this house and with all who live here.

Blessed be the name of the Lord"

All respond: "Now and forever."

Leader: "Listen to the words of the Holy Gospel according to  
John 1:1-3, 14" (or Matthew 2:1-12)

All respond: "Praise to You, Lord Jesus Christ"

Everyone then processes from one room to another.  
In each room, God's blessing is asked on all who dwell there.

Each room is blessed with Holy Water.

All return to the starting place at the manger scene,  
and join in reciting the Lord's Prayer.

After a short silence for reflection and personal prayer, the leader continues:

"Lord God of heaven and earth, You revealed Your only-begotten Son to  
every nation by the guidance of a star. Bless this house and all who inhabit it.

Fill us with the light of Christ, that our concern for others may reflect Your  
Love. May we be blessed with health and goodness of heart.

Thanks to You, Father, Son and Holy Spirit, now and forever."

All respond: "Amen."

**'The LORD bless you and keep you;  
the LORD make His face shine upon you and be gracious to you;  
the LORD turn His face toward you  
and give you peace.'**  
**Numbers 6:24-26**

**Contact:**

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Email: acg@aol.com